

Diabetes in New Brunswick

DIABETES

CANADA

Estimated Prevalence and Cost of Diabetes – New Brunswick

Prevalence (1)	2024	2034
Diabetes (type 1 + type 2 diagnosed + type 2 undiagnosed)	139,840 / 17%	172,690 / 20%
Diabetes (type 1 + type 2 diagnosed)	103,360 / 13%	134,580 / 16%
Diabetes (type 1)	5-10% of diabetes prevalence	
Diabetes (type 1 + type 2 diagnosed + type 2 undiagnosed) and prediabetes (includes undiagnosed)	264,100 / 33%	302,780 / 36%
Increase in diabetes (type 1 + type 2 diagnosed), 2023-2033	23%	
Direct cost to the Health Care System	\$142 million	
Out-of-pocket cost per year (2)		
Type 1 diabetes costs, % of family income	\$200-\$18,306 / 1%-12%	
Type 2 diabetes costs, % of family income	\$198-\$10,014 / 1%-7%	



Diabetes Canada’s Recommendations to the Government of New Brunswick



Fund a provincial diabetes framework



Expand access: Put patients at the centre of policy decisions



Protect students with diabetes



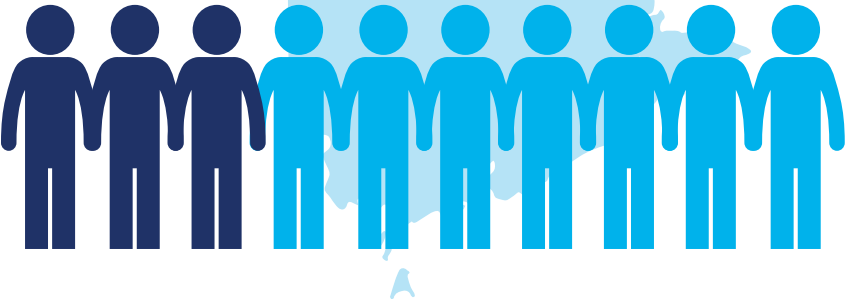
Prevent amputations

Impact of Diabetes

Among New Brunswickers:

33% live with diabetes or prediabetes;

13% live with diagnosed diabetes, a figure that climbs to **17%** when cases of undiagnosed type 2 diabetes are included.



Diabetes contributes to:

