

Diabetes in Ontario



Estimated Prevalence and Cost of Diabetes – Ontario

Prevalence (1)	2024	2034
Diabetes (type 1 + type 2 diagnosed + type 2 undiagnosed)	2,403,440 / 15%	3,081,950 / 17%
Diabetes (type 1 + type 2 diagnosed)	1,700,990 / 11%	2,288,510 / 13%
Diabetes (type 1)	5-10% of diabetes prevalence	
Diabetes (type 1 + type 2 diagnosed + type 2 undiagnosed) and prediabetes (includes undiagnosed)	4,793,340 / 31%	5,785,130 / 33%
Increase in diabetes (type 1 + type 2 diagnosed), 2023-2033	35%	
Direct cost to the Health Care System	\$2,209 billion	
Out-of-pocket cost per year (2)		
Type 1 diabetes costs, % of family income	\$694-\$5,245 / 2%-17%	
Type 2 diabetes costs, % of family income	\$287-\$4,985 / 1%-17%	



Diabetes Canada’s Recommendations to the Government of Ontario



Fund a provincial diabetes framework



Expand access: Put patients at the centre of policy decisions



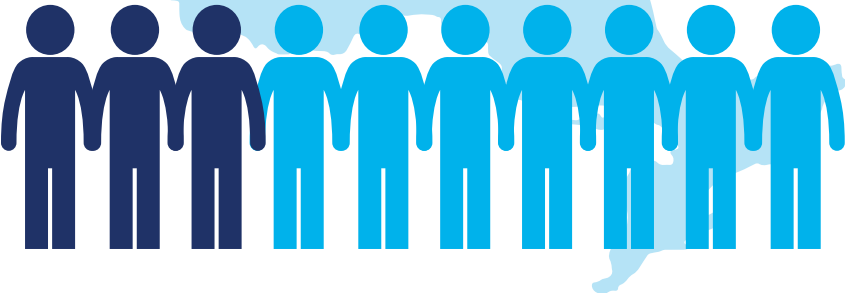
Protect students with diabetes

Impact of Diabetes

Among Ontarians:

31% live with diabetes or prediabetes;

11% live with diagnosed diabetes, a figure that climbs to **13%** when cases of undiagnosed type 2 diabetes are included.



Diabetes contributes to:

