

Title:

Needs Assessment to Guide the Adaptation of a Digital Intervention Targeting the Psychosocial Needs of Individuals with Pregestational Diabetes

Principal Investigators:

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Host Institutions:

McGill University
University of Toronto
University of Manitoba
McGill University Health Centre
Jewish General Hospital
Dalhousie University

Description of Study:

The team is conducting a needs assessment to adapt HealthyMomsDM, a prototype educational website designed to improve emotional well-being for women/birthing persons living with pregestational diabetes (defined as an individual who already lives with diabetes and is planning on becoming pregnant).

Funding Source:

Canadian Institutes of Health Research (CIHR)
Breakthrough T1D Canada (Formerly JDRF)

Project Start Date: November 10, 2024

Project End Date: October 10, 2028

Inclusion Criteria:

Adult women/birthing persons living with pregestational diabetes (defined as an individual who already lives with diabetes and is planning on becoming pregnant); planning a pregnancy within the next 2 years or be currently pregnant or have given birth within the last 2 years; communicate in French or English

Participation:

Individuals interested in participating are asked to visit the study recruitment website and complete the online form. Potential participants will be contacted by phone to verify if they are eligible:

<https://healthymomsgdm-study.ca/>

Study participants will be asked to:

1. Complete an online survey about personal and resource needs (approx. 20 min to complete)
2. Some of the participants will be randomly selected to be invited to participate in a telephone interview (approx. 40 minutes.) The invitation to the interview will not be based on the answers to the survey.

Participants will receive a \$20 gift card for completing the survey and a \$50 gift card if selected for and completing an interview

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