

Topic	Instruction date & initials	Comments
1. Cognitive Assessment		
2. Insulin delivery		
• loading		
• appropriate mixing		
• priming shot		
• dialing up dose		
• delivery of insulin		
3. Insulin		
• type/action time		
• frequency/timing		
• injection sites		
• needle length		
• storage/expiry		
4. Return demonstration		
5. Hypoglycemia		
• signs/symptoms		
• causes/preventions		
• treatment		
• diabetes identification		
6. Glucose checks		
• recommend a monitoring schedule		
7. Sharps disposal		
8. Snacks		
9. Driving		
10. Instructions for oral medication		
11. Follow-up		
• dose adjustment		
• A1c every 3 months		