Collaboration to prevent diabetes supply disruption during COVID-19

Safeguarding diabetes drug supply and individual patient health
Insulin is life-sustaining therapy, required for people living with type 1 diabetes and some people with type 2 diabetes and gestational diabetes.
During times of rapid change, it is common for insulin requirements to vary.
Stress, variations in sleep patterns, dietary patterns, exercise and work patterns, can result in physiologic changes.

To people living with diabetes/caregivers:
- Have enough insulin for one-two weeks in case you cannot get to the pharmacy to refill your prescription.
- Fill prescriptions for only what you need to help to ensure that others also have access to what they need.
- It may take slightly longer than usual to fill your prescription so remember to give yourself enough time to refill.
- Please do not stock-pile medications or supplies.

To our valued health-care professionals and payers:
- Treatment must be responsive as therapeutic requirements change and this may result in an increase in need for insulin.
- Exercise professional judgement when prescribing, dispensing and reimbursing insulin and blood glucose strips.

For the latest COVID-19 updates and advice:
Government of Canada
1-833-784-4397
canada.ca/coronavirus

Diabetes Canada thanks you for your collaboration and support to avoid diabetes drug supply interruptions while safeguarding individual patient care.

Diabetes is a chronic condition that uniquely requires intense self-management and people with diabetes must administer insulin and check their blood glucose appropriately to avoid an acute health crisis, as well as long term consequences.