Professional Conference
and Annual Meetings
Ottawa, Ontario | October 26 – 29, 2016

Program
Downtown Ottawa

1. Westin Ottawa
   11 Colonel By Drive, Ottawa
   (613) 560-7000

2. Fairmont Château Laurier
   1 Rideau Street, Ottawa
   (613) 241-1414

3. Les Suites Hotel Ottawa
   130 Besserer Street, Ottawa
   (613) 232-2000

4. Novotel Ottawa
   33 Nicholas Street, Ottawa
   (613) 230-3033

5. Courtyard by Marriott Ottawa
   350 Dalhousie Street, Ottawa
   (613) 241-1000

6. Delta Ottawa City Centre
   101 Lyon Street North, Ottawa
   (613) 237-3600

7. The Albert at Bay Suite Hotel
   435 Albert Street, Ottawa
   (613) 238-8858

8. Ottawa Marriott Hotel
   100 Kent Street, Ottawa
   (613) 238-1122

★ Shaw Centre
   55 Colonel By Drive, Ottawa
   (613) 563-1984
Featured Speakers

Treatment of T2DM: A Rational Approach Based Upon Its Pathophysiology
Ralph DeFronzo (San Antonio, TX)
Date: Thursday, October 27
Time: 11:00 – 12:00
Room: Plenary Hall (Canada Hall 1) Shaw Centre

Management of Type 1 Diabetes in Canada – Today and Tomorrow
Peter Senior (Edmonton, AB)
Date: Friday, October 28
Time: 10:30 – 11:30
Room: Plenary Hall (Canada Hall 1) Shaw Centre

Pheochromocytoma/Paraganglioma Syndromes
Karel Pacak (Bethesda, MD)
Date: Saturday, October 29
Time: 10:30 – 11:30
Room: Gatineau 205, Shaw Centre

The Long and Winding Road to the Bionic Pancreas
Edward Damiano (Boston, MA)
Date: Saturday, October 29
Time: 9:00 – 10:00
Room: Plenary Hall (Canada Hall 1) Shaw Centre

Other Important Events

CDA Professional Membership (formerly DES and C&SS) Annual Section Meeting
Thursday, October 27 – 12:00
Room: Gatineau 206/208

CDA Professional Membership Awards Breakfast
Saturday, October 29 – 7:30
Room: Provinces/Confederation I, The Westin Ottawa

CSEM Annual General Meeting
Saturday, October 29 – 11:30
Room: Governor General III, The Westin Ottawa
### WEDNESDAY, OCTOBER 26, 2016

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>06:30 – 19:00</td>
<td>Registration Open</td>
<td>[SC] Level 2</td>
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<tr>
<td>08:00 – 19:00</td>
<td>The 10th Annual Canadian Endocrine Residents’ Day Review Course</td>
<td>[SC] Room 203</td>
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<tr>
<td>11:30 – 14:00</td>
<td>Accredited Symposium: Addressing the Care Gaps in Diabetes: Medicine, Technology and Community</td>
<td>[W] Provinces/Confederation I, Level 4</td>
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<tr>
<td>14:00 – 17:30</td>
<td>Essentials for Preparing a Career in Diabetes and Endocrine Research</td>
<td>[SC] Gatineau 205</td>
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<tr>
<td>14:15 – 17:15</td>
<td>Pre-Conference Workshop B – 3 Integrated Tools for Your Mental Health Diabetes Educator Tool Kit</td>
<td>[SC] Room 201</td>
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<tr>
<td>14:15 – 17:15</td>
<td>Pre-Conference Workshop C: Challenges with Diabetes through the Lifespan</td>
<td>[SC] Room 202</td>
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### THURSDAY, OCTOBER 27, 2016

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<tr>
<td>06:30 – 19:00</td>
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<tr>
<td>06:45 – 07:45</td>
<td>Accredited Symposium: Antihyperglycemic Agents and Congestive Heart Failure</td>
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<td>08:00 – 10:00</td>
<td>New Perspectives on Diabetic Ketoacidosis and Its Etiology</td>
<td>[SC] Ottawa 213/215</td>
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<td>08:00 – 10:00</td>
<td>Is Patient Engagement Achievable?</td>
<td>[SC] Gatineau 205/207</td>
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<tr>
<td>08:00 – 10:00</td>
<td>Dr. Harold Copp Scientific Basis Medicine Symposium</td>
<td>[SC] Room 201</td>
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<tr>
<td>10:00 – 16:00</td>
<td>Exhibit Hall Open</td>
<td>[SC] Exhibit Hall, Level 3</td>
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<td>10:00 – 10:15</td>
<td>Nutritional Break/Networking/Exhibits</td>
<td>[SC] Exhibit Hall, Level 3</td>
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<tr>
<td>10:15 – 11:00</td>
<td>Opening Ceremonies</td>
<td>[SC] Plenary Hall, Level 3</td>
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<td>11:00 – 12:00</td>
<td>Plenary Lecture: Dr. Ralph Defronzo</td>
<td>[SC] Plenary Hall, Level 3</td>
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<td>12:00 – 13:30</td>
<td>General Delegate Lunch/Networking/Exhibits</td>
<td>[SC] Exhibit Hall, Level 3</td>
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<tr>
<td>12:30 – 13:30</td>
<td>Meet the Professor</td>
<td>Gatineau 205/207</td>
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<td>13:30 – 15:30</td>
<td>Resident Clinical Vignettes Presentation</td>
<td>[SC] Room 210</td>
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<td>16:00 – 17:30</td>
<td>Inter-Professional Collaboration Models of Care</td>
<td>[SC] Ottawa 214</td>
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<td>16:00 – 17:30</td>
<td>Renal Disease and Diabetes</td>
<td>[SC] Ottawa 213/215</td>
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<td>16:00 – 17:30</td>
<td>State of the Art Symposium</td>
<td>[SC] Gatineau 206/208</td>
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<td>16:00 – 17:30</td>
<td>Endocrinology of Aging Symposium</td>
<td>[SC] Gatineau 205/207</td>
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<td>18:30 – 21:00</td>
<td>Accredited Symposium: Mimicking the Healthy Pancreas: How Evolutions in Technology and Mealtime Insulin are Advancing Diabetes Care</td>
<td>[W] Provinces/Confederation I, Level 4</td>
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### FRIDAY, OCTOBER 28, 2016

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<tr>
<td>06:30 – 19:00</td>
<td>Registration Open</td>
<td>[SC] Level 2</td>
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<tr>
<td>06:30 – 07:30</td>
<td>Morning Walk – Hosted by Urban Poling</td>
<td>[SC] Level 2</td>
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<tr>
<td>08:00 – 10:00</td>
<td>Diabetes and Pregnancy</td>
<td>[SC] Ottawa 214</td>
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<tr>
<td>08:00 – 10:00</td>
<td>Nutrition and Healthy Living: The Gut and Microbiomes [SC] Ottawa 213/215</td>
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<td></td>
<td>Joint CIHR Institute of Nutrition, Metabolism and Diabetes/CDA Symposium: Bariatric Care Research in Perspective [SC] Gatineau 207</td>
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<td>09:00 – 10:00</td>
<td>Dr. Jacques Genest Award Lecture [SC] Room 210</td>
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<td>10:00 – 16:00</td>
<td>Exhibit Hall Open [SC] Exhibit Hall, Level 3</td>
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<td>10:00 – 10:30</td>
<td>Nutrition Break/Networking/Exhibits [SC] Exhibit Hall, Level 3</td>
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<td>10:30 – 11:30</td>
<td>Plenary Lecture: Dr. Peter Senior [SC] Plenary Hall, Level 3</td>
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<td>11:30 – 13:00</td>
<td>General Delegate Lunch/Networking/Exhibits [SC] Exhibit Hall, Level 3</td>
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<td>(Doors open at 11:30)</td>
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<tr>
<td>12:00 – 14:00</td>
<td>Meet the Professor [SC] Gatineau 207</td>
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<tr>
<td>13:00 – 14:00</td>
<td>2016 Lifetime Achievement Award Lecture [SC] Room 210</td>
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<td>13:00 – 15:00</td>
<td>Diabetes and Exercise: Going for the Gold [SC] Ottawa 213/215</td>
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<td>A Case-Based Primer on Diabetes Complications and Their Management [SC] Ottawa 214</td>
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<td>CSEM Oral Abstracts [SC] Room 202</td>
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<td>14:00 – 15:00</td>
<td>CDA/CIHR INMD Young Scientist Award Lecture [SC] Room 210</td>
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<td>15:00 – 15:30</td>
<td>Nutrition Break/Networking/Exhibits [SC] Exhibit Hall, Level 3</td>
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<td>15:30 – 16:30</td>
<td>Debate: Big Data Reduces the Need for Clinical Trials to Guide Therapy [SC] Plenary Hall, Level 3</td>
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<td>(29-34) Concurrent Sessions</td>
<td>See In-Depth Program for Rooms</td>
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<td>Long-Term Consequences of Pituitary Surgery [SC] Gatineau 205</td>
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<tr>
<td>16:30 – 17:30</td>
<td>Hot Topics [SC] Plenary Hall, Level 3</td>
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<tr>
<td>19:00 – 21:00</td>
<td>Accredited Symposium: New Advances in Diabetes Management [W] Provinces/Confederation I, Level 4</td>
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<td>(Doors open at 18:30)</td>
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**SATURDAY, OCTOBER 29, 2016**

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<tbody>
<tr>
<td>06:30 – 12:00</td>
<td>Registration Open [W] Provinces/Confederation I, Level 4</td>
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<tr>
<td>07:30 – 09:00</td>
<td>CDA Professional Membership Awards Breakfast [W] Provinces/Confederation I, Level 4</td>
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<tr>
<td>08:00 – 09:00</td>
<td>Primary Care Providers Symposium: So Many Antihyperglycemics ... How to Choose? [SC] Ottawa 214</td>
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<td>Oral Abstracts: Late Breaking [SC] Room 202</td>
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<tr>
<td>08:00 – 10:00</td>
<td>Thyroid Cancer Update and Care Pathways Panel Discussion Symposium [SC] Gatineau 205</td>
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<td>09:00 – 10:00</td>
<td>Isabel Lockerbie Address: Dr. Edward Damiano [SC] Plenary Hall, Level 3</td>
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<td>Primary Care Providers Symposium: New And Novel Insulins on the Therapeutic Horizon and Their Role in Clinical Practice [SC] Ottawa 214</td>
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<td>10:00 – 13:30</td>
<td>Exhibit Hall Open [SC] Exhibit Hall, Level 3</td>
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<td>10:00 – 10:30</td>
<td>Nutritional Break/Networking/Exhibits [SC] Exhibit Hall, Level 3</td>
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<td>Stem Cell Relation to Clinical Practice: Implications on Stem Cell Research on Diabetes [SC] Gatineau 206/208</td>
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<td>Oral Abstracts: Pediatrics [SC] Room 201</td>
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<tr>
<td>11:30 – 12:30</td>
<td>Primary Care Providers Symposium: Management of the Diabetic Foot in the Primary Care Setting – From Theory to Practice [SC] Ottawa 214</td>
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<tr>
<td>11:30 – 12:45</td>
<td>Canadian Society of Endocrinology &amp; Metabolism Annual General Meeting [W] Governor General III</td>
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<tr>
<td>13:30 – 15:00</td>
<td>CSEM Debates [W] Governor General III</td>
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WEDNESDAY, OCTOBER 26, 2016

08:00 – 19:00

The 10th Annual Canadian Endocrine Residents’ Day Review Course
[SC] Room 203

11:30 – 14:00

Accredited Symposium – Addressing the Care Gaps in Diabetes: Medicine, Technology and Community
[W] Provinces/Confederation I, Level 4
Faculty: Peter Senior, Alice Y.Y. Cheng, David Kerr, Roseanne Yeung, Michelle Sorensen

14:00 – 17:30

Essentials for Preparing a Career in Diabetes and Endocrine Research
[SC] Gatineau 205
Chairs: Andre Carpentier (Sherbrooke, QC) & Brian Rodrigues (Vancouver, BC)

14:15 – 17:15

Pre-Conference Workshop A – Dishing Up for Diabetes: The Evaluation and Use of an Interactive Food Demonstration in Basic Group Diabetes Education
[SC] Gatineau 207
Chair: Shelley Jones (Salisbury, NB)
Speakers: Kathleen Smith and Melissa Patterson (Red Deer, AB)

17:30 – 20:00 (Doors open at 17:15)

Accredited Symposium – Change of Heart: Raising the Standard of Care Through Cardiovascular Risk Management in Type 2 Diabetes
[W] Provinces/Confederation I, Level 4
Faculty: Lawrence A. Leiter, Rémi Rabasa-Lhoret, Mansoor Husain, Sue Tereschyn

THURSDAY, OCTOBER 27, 2016

6:45 – 07:45

Accredited Symposium: Antihyperglycemic Agents and Congestive Heart Failure
[W] Provinces/Confederation I, Level 4
Faculty: Lawrence A. Leiter, Subodh Verma

08:00 – 10:00

1 New Perspectives on Diabetic Ketoacidosis and Its Etiology
[SC] Ottawa 213/215
Chair: Maureen Clement (Coldstream, BC)

Pathophysiology of Diabetic Ketoacidosis: Too Much of This and Not Enough of That!
Jeremy Gilbert (Toronto, ON)

Update of the Etiology of DKA: New Causes, New Challenges
Robyn Houlden (Kingston, ON)

SGLT2 Inhibitors and DKA: The Evidence
Ronald Goldenberg (Toronto, ON)

2 The Circadian Rhythm and Metabolic Health
[SC] Ottawa 214
Chair: Patricia Brubaker (Toronto, ON)

Nutrient Excess Alters Circadian Rhythms in the Hypothalamus: A Cellular Perspective
Denise Belsham (Toronto, ON)

Beta Cell Circadian Rhythm and Blues
Aleksey Matvejenko (Rochester, MN)
Is Sleep Deprivation a Contributor to Obesity and Type 2 Diabetes in Children?
Jean-Philippe Chaput (Ottawa, ON)

[3] Is Patient Engagement Achievable?
[SC] Gatineau 205/207
Chair: Alice Y.Y. Cheng (Toronto, ON)

Engaging Type 1 Versus Type 2 Patients: Is There a Difference?
Michelle Sorensen (Ottawa, ON)

Type 1 Diabetes Think Tank Network: A Unique Patient Engagement Initiative
Amish Parikh & Bruce A. Perkins (Toronto, ON)

[SC] Room 201
Chair: Johnny Deladoëy (Montreal, QC) & Lawrence A. Leiter (Toronto, ON)

Impact of Sleep and Circadian Disturbances on Cardiometabolic Health
Frank Scheer (Boston, MA)

How do Places and Peers Relate to Cardiometabolic Health?
Tracie A. Barnett (Laval, QC)

Exposure to Common Chemicals, Endocrine Disruption and Downstream Health
Jonathan Chevrier (Montreal, QC)

10:15 – 11:00
Opening Ceremonies
[SC] Plenary Hall (Canada Hall 1)
Celebrate the opening of the 19th Annual Professional Conference and recognize the following award recipients:

Diabetes Educator of the Year: Sondra Sherman (Montreal, QC)

Dr. Gerald S. Wong Awards: 2015 – David C.W. Lau (Calgary AB); 2016 – Irene Hramiak (London, ON)

Dr. Robert Volpé Distinguished Service Award: Lawrence A. Leiter (Toronto, ON)

11:00 – 12:00
[5] Plenary Lecture
[SC] Plenary Hall (Canada Hall 1)
Chairs: Gail MacNeill (Toronto, ON) & Bruce A. Perkins (Toronto, ON)

Treatment of T2DM: A Rational Approach Based Upon Its Pathophysiology
Ralph DeFronzo (San Antonio, TX)

12:30 – 13:30
[6] Meet the Professor
[SC] Gatineau 205/207

A Mindful Approach to the Endocrine Care of the Transgender Patient
Daniel Metzger (Vancouver, BC)

Abnormal Thyroid Function Tests: Revisiting a 20-Year Old Mystery
Brian Kim (Chicago, IL)

13:30 – 15:30
[SC] Ottawa 214
Chair: Donna Hagerty (St. John’s, NL)

Understanding Monogenic Diabetes
Rochelle N. Naylor (Chicago, IL)

Optimizing the Use of Continuous Glucose Monitoring
Christine Richardson (Ottawa, ON)

Developments in the Artificial Pancreas
Ahmad Haidar (Montreal, QC)

Bridging the Gap: Recommendations from a Provincial Expert Panel on Transition to Adult Care
Cheril Clarson (London, ON)

[8] Taking a Stand Against Obesity and Its Effects
[SC] Ottawa 213/215
Chair: Brian Rodrigues (Vancouver, BC) & Jessica Chan (Toronto, ON)

Obesity: Hidden in Plain Sight
Denise L. Campbell-Scherer (Edmonton, AB)

Emerging Medical Approaches to Obesity
Sean Wharton (Hamilton, ON)
Management After Bariatric Surgery – The Inter-Professional Approach  
Laurent Biertho (Laval, QC)

Swimming Against the Flood: How Our Food Culture Fosters Obesity  
Yoni Freedhoff (Ottawa, ON)

9a Oral Abstracts: Clinical Care  
[SC] Room 201  
Chair: TBA

9b Oral Abstracts: Indigenous Care and Population Health  
[SC] Room 202  
Chair: Baiju Shah (Toronto, ON)

9c Oral Abstracts: Complications  
[SC] Room 204  
Chair: TBA

9d Oral Abstracts: Islet Cell Biology, Pregnancy  
[SC] Room 209  
Chair: Denice Feig (Toronto, ON)

Resident Clinical Vignettes Presentation  
[SC] Room 210  
Chairs: Jeremy Gilbert (Toronto, ON) & Irena Druce (Ottawa, ON)

16:00 – 17:30

Inter-Professional Collaboration Models of Care  
[SC] Ottawa 214  
Chair: Joyce Arsenault (Montreal, QC)

CDEs: Primary Care’s “Secret Weapon” to Glycemic Success  
Betty Harvey & Amanda Mikalachki (London, ON)

Renal Disease and Diabetes  
[SC] Ottawa 213/215  
Chair: Peter Senior (Edmonton, AB)

Translating Physiological Mechanisms into Novel Therapies for Diabetic Nephropathy  
David Cherney (Toronto, ON)

Unraveling the Path to Renal Injury in Youth Onset Diabetes  
Allison Dart (Winnipeg, MB)

‘Stem’ Cell Treatment for Diabetic Kidney Disease: The Future is Now  
Richard E. Gilbert (Toronto, ON)

Management of Diabetes in the CKD/Dialysis Patient  
Jean-François Yale (Mirabel, QC)

State of the Art Symposium  
[SC] Gatineau 206/208  
Chair: Susie Jin (Cobourg, ON)

Is Metabolically Healthy Obesity a Benign Condition?  
Caroline Kaercher Kramer (Toronto, ON)

The Diabetic Educator’s Basic Toolkit for Routine Assessment of Sleep  
Jaan Reitav (Toronto, ON)

Endocrinology of Aging Symposium  
[SC] Gatineau 205/ 207  
Chairs: Jean-Patrice Baillargeon (Sherbrooke, QC) & Alice Y.Y. Cheng (Toronto, ON)

The Testosterone Trials: What Have We Learned?  
Peter J. Snyder (Philadelphia, PA)

The Aging Thyroid: How to Identify and Manage Thyroid Dysfunction in the Older Patient  
Anne R. Cappola (Haverford, PA)

Cellular Biology of Aging Bone and Muscle  
Steve Cummings (Mill Valley, CA)

17:30 – 18:30

Wine and Cheese Abstract Poster Presentations/Highlighted Poster Presentations  
[SC] Parliament Foyer, Level 3  
18:30 – 21:00 (Doors open at 18:15)

Accredited Symposium - Mimicking the Healthy Pancreas: How Evolutions in Technology and Mealtime Insulin are Advancing Diabetes Care  
[W] Provinces/Confederation I, Level 4  
Faculty: Rémi Rabasa-Lhoret, Peter Senior, Irene Hramiak, Marian Wheeler
FRIDAY, OCTOBER 28, 2016

8:00 – 10:00

16 Pregnancy
[SC] Ottawa 214
Chair: Ruth McManus (London, ON) & Denice Feig (Toronto, ON)

Getting to the Guts of Obesity – Implications of the Microbiome During Pregnancy and Early Life
Dominick Lemas (Gainesville, FL)

Maternal Pre-Pregnancy Obesity/Excessive Gestational Weight Gain: Effect on Metabolic Health of the Offspring
Patrick Catalano (Cleveland, OH)

The Seven Generations: Childhood Type 2 Diabetes Risk, Beyond Gestational Weight Gain and Glycemic Control
Brandy Wicklow (Winnipeg, MB)

Maternal Diets for Gestational Diabetes: Lo GI? Low Carb/High Fat? Low Fat/High Carb? Do They Make a Difference?
Teri L. Hernandez (Aurora, CO)

17 Nutrition and Healthy Living: The Gut and Microbiomes
[SC] Ottawa 213/215
Chair: Catherine Chan (Edmonton, AB)

What is the Basic Biology of the Gut Microbiome and Its Role in Health
Benjamin Willing (Edmonton, AB)

It’s True. The Gut Microbiome is Involved in Diabetes
Jonathan D. Schertzer (Hamilton, ON)

Can the Microbiome Be Altered as a Prevention or Treatment Strategy for Diabetes?
Jeremy Burton (London, ON)

18 Diabetes Action Canada: A SPOR Network in Diabetes and Its Related Complications
[SC] Gatineau Salon 205
Chair: Gary Lewis (Toronto, ON)

What is the Added Value of Patient Engagement in Diabetes Research?
Maman Joyce Dogba (Quebec, QC)

Sex and Gender: The Key to Better Diabetes Research
Paula A. Rochon (Toronto, ON)

19 Joint CIHR Institute of Nutrition, Metabolism and Diabetes/CDA Symposium: Bariatric Care Research in Perspective
[SC] Gatineau Salon 207
Chair: Philip M. Sherman

Bariatric Care in Canadian Children: Developing New Insight through Team ABC3
Katherine M. Morrison (Hamilton, ON)

The Changing Landscape of Bariatric Surgery: Context in Which Metabolic Improvements Can Be Observed
Andre Tchernof (Quebec City, QC)

Bariatric Surgery Engineered Microbiome as Treatment for Obesity
Herbert Y. Gaisano (Toronto, ON)

The Future of Bariatric Care: Bedside, Benchside and Community
Anita P. Courcoulas (Pittsburgh, PA)

9:00 – 10:00

20 Dr. Jacques Genest Award Lecture
[SC] Room 210
Chair: Stephanie Kaiser (Halifax, NS)

Diabetes and Bone: A Not So Sweet Story
Clifford J. Rosen (Freeport, ME)

10:30 – 11:30

21 Plenary Session
[SC] Plenary Hall (Canada Hall 1)
Chairs: Gail MacNeill & Bruce A. Perkins (Toronto, ON)

Management of Type 1 Diabetes in Canada – Today and Tomorrow
Peter Senior (Edmonton, AB)
11:45 – 12:45 (Doors open at 11:30)

Accredited Symposium: Multidisciplinary Diabetes
Debate: A Meeting of the Minds
[W] Provinces/Confederation I, Level 4
Faculty: Alice Y.Y. Cheng, G.B. John Mancini, Ronald Goldenberg, Philip McFarlane, Peter J. Lin

12:00 – 13:00

22 Meet the Professor
[SC] Gatineau 207

Lipid Disorders – More Than Just High Cholesterol
Teik Chye Ooi (Ottawa, ON)

Hyperparathyroidism and Surgical Intervention: When How and Why?
Clifford J. Rosen (Freeport, ME)

13:00 – 14:00

23 2016 Lifetime Achievement Award Lecture
[SC] Room 210
Chair: Jay Silverberg (Toronto, ON)

Diabetes and Cardiovascular Disease: Can We Do Better?
Lawrence A. Leiter (Toronto, ON)

13:00 – 15:00

24 Diabetes and Exercise: Going for the Gold
[SC] Ottawa 213/215
Chair: Rema Sanghera (Vancouver, BC)

Why Exercise Works and Strategies for Making It Work for Your Patients
Jonathan McGavock (Winnipeg, MB)

Food Matters – Fueling Exercise in Diabetes
Heidi Bates (Edmonton, AB)

Practical Tips for Exercise Prescription – Sit Less, Move More & Plan a Fun Activity
Paul Oh (Toronto, ON)

Effective Strategies for Managing Exercise in Type 1 Diabetes: An Endocrinologist’s Duality of Perspective
Amish Parikh (Mississauga, ON)

25 A Case-Based Primer on Diabetes Complications and Their Management
[SC] Ottawa 214
Chair: Bruce A. Perkins (Toronto, ON)

Diabetic Nephropathy
Philip McFarlane (Toronto, ON)

Diabetic Neuropathy
Rodica Busui (Ann Arbor, MI)

The Contemporary Management of Diabetic Retinopathy
Bernard Hurley (Ottawa, ON)

A Case-Based Primer on Diabetes Complications and Their Management: Cardiovascular Disease
Jacob A. Udell (Toronto, ON)

14:00 – 15:00

26 Oral Abstract
[SC] Room 202
Chairs: Jean-Patrice Baillargeon (Sherbrooke, QC) & Stan Van Uum (London, ON)
(Topics: Adrenal, Bone and Calcium Metabolism, Obesity, Pituitary, Reproductive Endocrinology, Thyroid)

15:30 – 17:30

28 Debate: Big Data Reduces the Need for Clinical Trials to Guide Therapy
[SC] Plenary Hall
Chair: Bruce A. Perkins (Toronto, ON)

Big Data Does Not Reduce the Need for Clinical Trials
Hertzel C. Gerstein (Hamilton, ON)

Big Data Reduces the Need for Clinical Trials
S. Joseph Kim (Toronto, ON)

Concurrent Sessions (29 through 34 are 1-hour sessions, repeated)

29 The Role of Advocacy in Advancing the Patients’ Interest
[SC] Room 105
Canadian Diabetes Association Government Relations and Public Policy Team
Can Brown Fat Become a Therapy for the Metabolic Syndrome?
Wouter van Marken Lichtenbelt (Maastricht, Netherlands)

Long-Term Consequences of Pituitary Surgery
[SC] Gatineau Salon 205
Chairs: Constance Chik (Edmonton, AB) & S. Ali Imran (Halifax, NS)

Quality of Life (QoL) and Psychological Outcomes (After Pituitary Surgery)
Susan M. Webb (Barcelona, Spain)

Prognosis and Endocrine Challenges in Treatment of Children and Adolescents with Craniopharyngioma
Hermann L. Müller (Oldenburg, Germany)

Pituitary Surgery – A Complicated Affair?
David B. Clarke (Halifax, NS)

Randomized Controlled Trials of Glucose-Lowering Agents and Cardiovascular Outcomes: The Evidence
Hertzel C. Gerstein (Hamilton, ON)

Commentary on the Clinical Practice Guidelines
Alice Y.Y. Cheng (Toronto, ON)

17:30 – 18:30

Wine and Cheese Abstract Poster Presentations/Highlighted Poster Presentations
[SC] Parliament Foyer, Level 3

New Advances in Diabetes Management
[W] Provinces/Confederation I, Level 4
Faculty: Lawrence A. Leiter, Lori Berard, Bruce A. Perkins, Jean-François Yale, Peter Senior
So Many Antihyperglycemics ... How to Choose?
Alice Y.Y. Cheng (Toronto, ON)

40 Oral Abstracts: Late Breaking
[SC] Room 202
Chair: Rémi Rabasa-Lhoret (Montréal, QC)

8:00 – 10:00

41 Thyroid Cancer Update and Care Pathways Panel Discussion
[SC] Gatineau 205
Chairs: Robert Josse (Toronto, ON) & Heather Lochnan (Ottawa, ON)
Utility of Molecular Testing for Indeterminate Thyroid Nodule Fine Needle Cytologies
Speaker: Ralf Paschke (Calgary, AB)
New Care Pathways in Thyroid Cancer
Brian W. Kim (Chicago, IL)
The Changing Use of Radioactive Iodine in the Treatment of Thyroid Cancer
James Brierley (Toronto, ON)

9:00 – 10:00

39b Primary Care Providers Symposium
[SC] Ottawa Salon 214
New and Novel Insulins on the Therapeutic Horizon and Their Role in Clinical Practice
Ian Blumer (Toronto, ON)

42 Isabel Lockerbie Address
[SC] Plenary Hall (Canada Hall 1)
Chairs: Bruce A. Perkins & Gail MacNeill (Toronto, ON)
The Long and Winding Road to the Bionic Pancreas
Edward Damiano (Boston, MA)

10:30 – 12:30

44 Meeting the Challenge: Diabetes Management in High-Risk Groups
[SC] Ottawa 213/215
Chairs: Gail MacNeill (Toronto, ON)
The Aboriginal Diabetes Initiative: Learning from the Past and Moving Forward
Renee Bowers (Ottawa, ON)
NorWest Mobile Diabetes and Kidney Screening and Intervention Project
Shannon Milks (Winnipeg, MB)
Understanding How the Social Determinants of Health Relate to the Diabetes Education Needs of People with Severe Mental Illness: Findings from an Exploratory Study
Adriana Cimo (London, ON)
Successful Intervention in Our Population with Severe Mental Illness: Is Supportive Housing the Issue?
Jane Rajah (Toronto, ON)
Improving the Quality of Life for the Person Living with a Neurodevelopmental Disorder and Diabetes by Using the Personal Outcome Measure of “Best Possible Health”
Kerry Heather (Winnipeg, MB)

45 Stem Cell Relation to Clinical Practice: Implications on Stem Cell Research on Diabetes
[SC] Gatineau 206/208
Chair: Pedro Geraldes (Sherbooke, QC)
A Primer on Stem Cell Biology: Personalized Medicine and Diabetes
Ian Rogers (Toronto, ON)
Engineering Human Beta Cells from Stem Cells for Treating Diabetes
Jennifer E. Bruin (Ottawa, ON)
But Will it Actually Work? Clinical Trials of Cell-Based Therapies for Diabetes
Peter Senior (Edmonton, AB)

39c Primary Care Providers Symposium
[SC] Ottawa Salon 214
46b  Oral Abstracts: Exercise, Hypoglycemia, Nutrition
[SC] Room 202
Chair: Normand Boulé (Edmonton, AB)

11:30 – 12:30

39d  Primary Care Providers Symposium
[SC] Ottawa 214

Management of the Diabetic Foot in the Primary Care Setting – From Theory to Practice
Martin Hayles (Ottawa, ON)

11:30 – 12:45

47  CSEM Awards
[W] Governor General III

12:45 – 13:30

48  CSEM Debates
[W] Governor General III

13:30 – 15:00

T4 or Combination T4/T3 as Treatment of Hypothyroidism
In favour of T4/T3 argument: Ralf Paschke (Calgary, AB)
In favour of T4 argument: Andrée Boucher (Montreal, QC)

Testosterone Therapy in Type 2 Diabetes
Arguing against: Adam Millar (Toronto, ON)
Arguing in favour: Richard A. Bebb (Vancouver, BC)
## Exhibitor List

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<td>Novo Nordisk Canada Inc.</td>
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Shaw Centre (Level 2)
Shaw Centre (Level 3)
AstraZeneca Canada is focused on delivering great medicines through innovative science – medicines that improve the lives of Canadians with diabetes.
AstraZeneca Canada s’efforce d’offrir d’excellents médicaments par l’entremise d’innovations scientifiques – des médicaments qui améliorent la vie de Canadiens atteints de diabète.
A world without diabetes.
That’s our vision.

At Janssen, we’re not afraid to take on some of the greatest medical challenges of our time. And when it comes to diabetes, we have a simple wish for a complex disease – to eliminate it.

With half a billion people expected to be living with diabetes in the next decade, the need for new answers is now. So while our transformational solutions help people living with diabetes today, we are looking for ways to stop diabetes in its tracks tomorrow. Together, we know this can be done.

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Learn more at www.janssen.com/canada
We invite you to join us at our booth

Learn about our commitment to advancing diabetes management across the continuum of care.

PROUD PLATINUM SPONSOR OF THE 2016 CDA CONFERENCE

PART OF THE Johnson & Johnson FAMILY OF DIABETES COMPANIES
MIMICKING THE HEALTHY PANCREAS

Be part of the discussion with:

Dr. Irene Hramiak (Endocrinologist)
Dr. Rémi Rabasa-Lhoret (Endocrinologist)
Dr. Peter Senior (Endocrinologist)
Marian Wheeler (Diabetes Nurse Educator)

Thursday, October 27, 2016
Doors open: 6:15 PM
Dinner program: 6:30 PM – 9:00 PM
Provinces/Confederation I Room,
The Westin Ottawa Hotel

Please note that the presentation will be in English; however, both English and French slides will be shown.

Please join us for an interactive session examining the current status of postprandial glycemic control and unmet needs and challenges in mealtime insulin therapy in the context of type 1 diabetes, type 2 diabetes and pump therapy. To address these challenges, upcoming advancements in technology and evolutions in mealtime insulin therapy to more closely mimic the actions of a healthy pancreas will be explored.

After attending this symposium the participant will be able to:

• Recall the role of postprandial glycemic control and appreciate its impact on patients with type 1 and type 2 diabetes.
• Identify gaps and unmet needs in mealtime insulin management of patients with type 1 and type 2 diabetes and currently available rapid-acting insulin options.
• Explore advancements in technology and emerging mealtime insulin options and discuss their role in the optimal management of type 1 and type 2 diabetes.

This event is an accredited group learning activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by the Canadian Society of Endocrinology and Metabolism for a maximum of 2.5 credits. This accredited symposium is co-developed with the Canadian Society of Endocrinology and Metabolism and Novo Nordisk, and is planned to ensure the evidence presented is valid, objective and balanced.

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at www.ama-assn.org/go/internationalcme.

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Tel: (905) 629-4222 or 1-800-465-4334. www.novonordisk.ca
CHANGE OF HEART
Raising the standard of care through CV risk management in type 2 diabetes

Be part of the discussion with:
Dr. Lawrence A. Leiter (Endocrinologist)
Dr. Rémi Rabasa-Lhoret (Endocrinologist)
Dr. Mansoor Husain (Cardiologist)
Sue Tereschyn (Diabetes Nurse Educator)

Wednesday, October 26, 2016
Doors open: 5:15 PM
Dinner program: 5:30 PM – 8:00 PM
Provinces/Confederation I Room,
The Westin Ottawa Hotel

Ready for a change? Join us as we examine the type 2 diabetes landscape with respect to contemporary cardiovascular outcome trial (CVOT) data. In pursuit of the optimal treatment approach, this program will aim to bring the patient back into focus by translating the science behind CVOTs into clinical practice while examining remaining barriers to initiation of treatment and achievement of glycemic targets.

After attending this symposium the participant will be able to:
• Summarize the results of contemporary cardiovascular outcome trials in type 2 diabetes and translate them into clinical practice
• Differentiate between the presence or absence of clinical cardiovascular disease with respect to therapy choice
• Recognize other barriers present in the initiation of therapy and explore how to address them

This event is an accredited group learning activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by the Canadian Society of Endocrinology and Metabolism and Novo Nordisk, and is planned to ensure the evidence presented is valid, objective and balanced.
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NEW ADVANCES
IN DIABETES MANAGEMENT

Join us for an Accredited Dinner Symposium
as part of the 2016 CSEM/CDA Professional Conference & Annual Meetings

October 28, 2016
7:00 p.m. - 9:00 p.m.
Buffet dinner will be served at 6:30 p.m.

The Westin Ottawa
11 Colonel By Drive
Ottawa, Ontario K1N 9H4
Provinces Ballroom & Confederation I

Planning Committee Chair
Lawrence A. Leiter, MD, FRCPC, FACP, FACE, FAHA

Symposium Co-Chairs
Lori Berard, RN, CDE (planning committee member)
Lawrence A. Leiter, MD, FRCPC, FACP, FACE, FAHA

Faculty
Bruce A. Perkins, MD, MPH, FRCPC (planning committee member)
Jean-François Yale, MD, FRCPC
Peter Senior, BMedSci, MBBS, PhD, FRCP(E), FRCP

Learning Objectives
- Examine potential expanding criteria to consider in the management of glycemia in T2D including new classifications of hypoglycemia
- Analyze the data generated from the different technologies being used for continuous glucose monitoring (CGM) and self-monitoring glucose in order to determine how to best optimize patient care
- Identify learnings from these new technologies and how they will impact clinical practice in the next year and beyond

Agenda

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<td>Lawrence A. Leiter, MD Lori Berard, RN</td>
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<td>7:00 - 7:05 p.m.</td>
<td>Welcome and Introductions</td>
<td>Lawrence A. Leiter, MD Lori Berard, RN</td>
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<td>7:05 - 7:45 p.m.</td>
<td>Beyond A1C: Key Clinical and Research Perspectives</td>
<td>Bruce A. Perkins, MD</td>
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<td>7:45 - 8:25 p.m.</td>
<td>New Technologies in Diabetes Management</td>
<td>Jean-François Yale, MD</td>
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<td>8:25 - 8:55 p.m.</td>
<td>Case Presentations: Applying New Technologies in Diabetes Management</td>
<td>Peter Senior, MBBS, PhD Lori Berard, RN</td>
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<td>8:55 - 9:00 p.m.</td>
<td>Closing Remarks</td>
<td>Lawrence A. Leiter, MD Lori Berard, RN</td>
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This event is an accredited group learning activity under Section 1 as defined by the Royal College of Physicians & Surgeons of Canada for the Maintenance of Certification program. It is approved by the Canadian Society of Endocrinology and Metabolism for a maximum of 2 credits. This program was co-developed with the Canadian Society of Endocrinology and Metabolism, Abbott Diabetes Care, and was planned to ensure the evidence presented is valid, objective and balanced.

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Live educational activities, occurring in Canada, recognized by the Royal College of Physicians and Surgeons of Canada as Accredited Group Learning Activities (Section 1) are deemed by the European Union of Medical Specialists (UEMS) eligible for ECMEC®.
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Ottawa Tourism’s Flash Your Badge Program entitles you and a guest to discounts at participating attractions, tours and restaurants. All you have to do is present your conference issued delegate badge. Visit www.ottawatourism.ca/fyb for a list of participating venues.
It begins with a promise to make life better for individuals, communities, and our world.
MEDICAL BREAKTHROUGHS MAY COME OUT OF THE LAB.
BUT THEY BEGIN IN THE HEART.

For more than a century, a very special passion has driven the people at Merck. Our goal is to develop medicines, vaccines and animal health innovations that will improve the lives of millions. Still, we know there is much more to be done. And we’re doing it, with a long-standing commitment to research and development. We’re just as committed to expanding access to healthcare and working with others who share our passion to create a healthier world. Together, we’ll meet that challenge. With all our heart.
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The Canadian Society of Endocrinology and Metabolism (CSEM) is a professional organization bringing together academic and community-based endocrinologists and researchers engaged in providing health care, education and research within the broad domain of endocrinology. The CSEM is a national advocate for excellence in endocrinology research, education, and patient care, and its mandate is to advance the discipline of endocrinology and metabolism in Canada.

La Société canadienne d’endocrinologie et de métabolisme (SCEM) est une organisation professionnelle qui rassemble les endocrinologues et chercheurs de milieux universitaires et communautaires qui offrent des soins de santé, enseignent et effectuent des travaux de recherche dans le vaste domaine qu’est l’endocrinologie. La SCEM est le défenseur national de l’excellence en recherche, en enseignement et en soins des patients dans son domaine; son mandat est de faire progresser les disciplines de l’endocrinologie et du métabolisme au Canada.

Network / Réseau
Contribute and collaborate with a network of endocrinologists from across Canada and build your career potential through a united community.
Collaborez avec un réseau d’endocrinologues des quatre coins du pays pour renforcer votre potentiel de carrière par l’entremise d’une communauté unifiée.

Be a Leader / Devenez un chef de file
Take the opportunity to participate in CSEM committees and leadership roles. Be a part of mentorship and leading improvement in scientific studies and clinical practice in the fields of endocrinology and metabolism.
Profitez de cette occasion pour participer aux comités de la SCEM ainsi que pour occuper un poste de direction. Faites du mentorat et travaillez pour l’amélioration des études scientifiques et de la pratique clinique dans les domaines de l’endocrinologie et du métabolisme.

Commitment to Education / Un engagement en enseignement
Access highly rated accredited educational programs and events, as well as discounted member rates for meetings.
Accédez à des programmes et activités pédagogiques agréés d’excellente qualité et profitez de tarifs réduits réservés aux membres pour les différentes réunions.

Stay Connected / Restez en contact!
Receive the latest news about upcoming events, jobs, awards, grants and resources.
Recevez les dernières nouvelles au sujet des futures activités, des offres d’emploi, des prix, des subventions et des ressources.

Join the Canadian Society of Endocrinology and Metabolism today!
Joignez-vous à la Société canadienne d’endocrinologie et de métabolisme dès maintenant!

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The Canadian Diabetes Association is pleased to introduce even MORE interactive tools and resources to help you apply the Clinical Practice Guidelines in your daily practice.

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Edmonton 2017